

# interface

linking mental health and wellbeing in Surrey

issue 01

Interface is the news brief for Surrey's Local Implementation Team (LIT). We'll be bringing you news, views and updates from the LIT and area stakeholder groups, to share information and headline important developments in mental health services in the county. With the role and responsibility to drive up standards and implement ways to create better, more equitable mental health services, and with a prominent membership of patients/service users, carers, providers and commissioners, Surrey LIT's aim is for nothing less than world class treatment and care for the people of Surrey.

## *What is a LIT*

In September 1999 the Government published the National Service Framework (NSF) for Mental Health. It set out national standards (see below) for adult mental health services, outlining how they should be developed, delivered and performance measured. Local Implementation Teams (LITs) were established across the country to take on the responsibility for ensuring those standards are met.

In Surrey LITs were set up in mid and east, west and north/north west of the county. Each group had a membership of people from the primary care trusts (PCTs), the local mental health NHS trusts, social services, voluntary organisations, patients/service users and carers. When the primary care trusts merged to create one PCT, and the mental health trusts also became one, the Surrey LIT, with area stakeholder groups was created.

## *What do they do?*

- The stakeholder groups, mid and east Surrey, Surrey Heath, North Surrey, Guildford and Waverley, combine their local knowledge to gather and share information on mental health services in their area. They discuss what is working well or not so well, where there are gaps and so on. Stakeholder group representatives then report to the Surrey LIT.
- The county wide LIT brings together people with a range of knowledge and experience in mental health from commissioners and providers to patients and carers; all are key influencers in service development
- One of the main tasks of the Surrey LIT is to respond to the Government's requirement to produce a self assessment on how well Surrey is meeting the

national service framework standards (see back cover for more on self assessment)

- Equity of services, developing new and innovative ways to support people, ensuring services operate to their maximum best, highlighting where there are gaps and funding implications; these make up the priorities and purpose of the LIT.

## National Service Framework Standards

There are seven standards in five areas:

Standard 1 is for mental health promotion and anti-stigma

Standards 2/3 relate to primary care and access to services for all

Standards 4/5 require effective services for people with severe mental illness

Standard 6 relates to carers of people with mental ill health

Standard 7 is around action for reducing suicides

(to view the full document visit [www.dh.gov.uk](http://www.dh.gov.uk) and go to publications)

Key drivers in mental health:

The main function of the LIT is to ensure mental health services are delivered, co-ordinated and developed in line with the National Service Framework (NSF)

Standards in Surrey. However, with a changing landscape in health and social care taking place, other important national and local reforms and developments will also influence how the LIT progresses its responsibilities, including:

- Nationally, the Lord Darzi NHS Review sets out the vision for a 'world class NHS that is fair, personalised, effective, safe and locally accountable'. With an NHS Constitution putting words into actions, the review increases patient choice and voice ( [www.ournhs.nhs.uk](http://www.ournhs.nhs.uk) )
- Regionally, the South East Coast Strategic Health Authority (SHA) responds to Lord Darzi's vision in the document 'Healthier people, excellent care'. ([www.southeastcoast.nhs.uk](http://www.southeastcoast.nhs.uk))
- Locally - 'Mental Health for Younger Adults' (16-64) and 'Older Adults' strategic reviews produced by Professor Keith Wilson, former department of health (DH) and NSF lead (mental health and older people) commissioned by Surrey PCT and Surrey County Council's Adult Mental Health Commissioning Strategy '08-2013, outline the county vision for mental health service development

Headlines from the Surrey LIT meeting in June

The Surrey LIT is aiming high. It wants to see world class mental health services with access and equity for all. To achieve this, the LIT has embarked on a programme to raise quality and standards in mental health services through consultation, feedback, development and implementation.

### *Self assessment the road to quality services*

The LIT will drive up standards through the annual NSF self assessment process (see back page). Target areas for Surrey will be monitored throughout the year using red, amber and green to denote very slow, fairly slow or good progress, presenting findings to the department of health (DH).

The position last year shows a disappointing number of reds. However scoring was retrospective and the autumn '08 assessment should highlight many improvements.

The LIT work plan will set the pace of achievement, prioritised and planned against the LIT targets. Whilst the targets have been sourced from the NSF, Local Priorities, Vital Signs and the Healthcare Commission, members of the group felt other guidelines e.g. NICE, QOF, IAPT (see glossary) and service user monitoring needed to be incorporated.

### *Thinking globally, acting locally*

NSF Themed Reviews inform the strategic direction for mental health commissioners. National policy and changes influence, local vision shapes, the way forward. For Surrey commissioners this means looking 'beyond the NSF' to ensure local needs and priorities for adults and older adults are met through strong and improved commissioning. The review has key questions for stakeholders that capture the context, directions for and services for the future.

Leading the way in the vision for world class mental health services\* are the Wilson reports (see opposite page). Due to service delivery variations across the county, three significant challenges have emerged:

- Completing modernisation of specialist services to address variations and increase performance
- Increase delivery in primary care through; exploring the GP contract in relation to mental health, developing choice in primary care mental health services and improving primary/secondary care integration
- Supporting the recovery model through the opportunities integrated commissioning may offer in certain areas

Consultation workshops are underway (see report next issue)

\* the Vision for World Class Commissioning has been developed by the department of health. Visit [www.dh.gov.uk](http://www.dh.gov.uk) and go to 'managing your organisation'.

### *Local stakeholder groups key to LIT planning*

East & Mid, Surrey Heath, North Surrey, Guildford and Waverley stakeholder groups provide an area focus for service users, carers and professionals to discuss and monitor local issues about mental health services. Their feedback to the LIT will be a vital conduit to what is happening in each part of the county, highlighting where improvements are needed to achieve service equity and access across Surrey. See next issue for more from the stakeholder groups.

The next meeting of Surrey LIT will be in September.

#### Members at June meeting

Diane Woods, chair – Associate Director MH/LD, Surrey PCT

Donal Hegarty, joint chair – Policy & Commissioning Manager, SCC

Janine Sanderson – MH Commissioning Manager, Surrey PCT

Fiona Edwards – Chief Executive, SaBP NHS Foundation Trust (FT)

Dr Malcolm Hawthorne – Medical Director, SaBP NHS FT

Dr Keith Ingram – Consultant Psychiatrist, Learning Disabilities SaBP NHS FT

Metka Shawe-Taylor – Psychologies dept., SaBP NHS FT

Dr Jill Rasmussen – GP & PEC lead for MH/LD

Stuart Craig – carer representative/ informal chair NW stakeholder group

Anthony Byrne – representative NE Hants & Surrey Heath stakeholder group

Diane Luck – Rethink and representative East & Mid stakeholder group

Ann Heath – Woking BIC's service

Clive Stone – chair Guildford & Waverley Stakeholder group

Michael Sellors – User Involvement Lead, Together charity; chair East/Mid Stakeholder group

Beryl Lawrence – minute taker

Megan Aspel – Project Director, Let's Link charity, & editor, Interface

Other members to be confirmed.

#### *Is Surrey green for go?*

The self assessment process highlights the progress Surrey is making on the implementation of the National Service Framework for mental health. Priority targets, or indicators, are set nationally (see panel opposite) and the LITs are responsible for 'scoring' each target red, amber or green. Not only does this paint the national big picture, locally, the LITs can identify success and failure in provision..

So how does it work? The self assessment for each financial year is done annually. The criterion for each target is pre-determined by government and the LITs assess accordingly. For instance the guidance on crisis resolution services (or home treatment teams as also known) stipulates that for green, 'the service is fully functional and adequately meets the needs of its population'. Amber states that 'there are some deficiencies in the availability of the service' and red states 'there are significant deficiencies in the availability of the service'. A fully functioning service would have the following: multi-disciplinary team input, 24/7

access, 'gate-keeping' for all hospital admissions, facilitates early discharges and meets the defined caseload target.

With 30 targets, and criteria prescriptive, it is a complex task. Apart from the specific data required, something Surrey LIT is also keen to capture is the experiential view from people who access/receive services.

#### Surrey LIT's Targets for '08/'09 assessment

	07/08 rating
Primary-secondary interface	Red
Crisis Resolution	Green
Early Intervention in Psychosis	Red
Assertive Outreach	Red
Acute In-Patient Care	Amber
Older People Mental Health - Strategy	Amber
Older People Mental Health - Commissioning	Green
Older People Mental Health - Service Delivery	Amber
Recovery	Green
Social Inclusion	Amber
MH of People with Learning Disabilities	Red
Vocational Support	Amber
Delivering Race Equality - BME Services	Amber
Implementing DRE in MH Care policy	Amber
BME Community Development Workers	Red
Governance	Red
Service User Involvement	Amber
Carer Involvement	Green
Commissioning from Third Sector	Green
Employment of Service Users	Green
Suicide Prevention - PCT	Amber
Suicide Prevention - Providers	Amber
Advocacy	Red
Mental Health Promotion	Green
Personality Disorder Services	Amber
MH Act Section 135/136 places of safety	Green

Mental Capacity Act	Amber
MH Act 2007	Amber
Improving access to Psychological therapies	Amber
Dual Diagnosis	Green

glossary:

We will add to this list as more terms/acronyms arise

- LIT – Local Implementation Team
- Surrey PCT – Surrey Primary Care Trust
- SaBP – Surrey & Borders Partnership NHS Foundation Trust
- SCC – Surrey County Council
- NSF – National Service Framework
- DH – Department of Health
- CSIP - Care Services Improvement Partnership
- SHA – Strategic Health Authority
- LAA – Local Area Agreement
- LSP – Local Strategic Partnership
- QOF – Quality Outcomes Framework
- PIG - Policy Implementation Guidelines
- PEC - Professional Executive Committee
- PALS - Patient Advice & Liaison Service
- MH – mental health
- LD – learning disabilities

For more information visit Surrey PCT's website: [www.surreyhealth.nhs.uk](http://www.surreyhealth.nhs.uk)



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